



# EXTRAORDINARY EXPEDITION



A 5-DAY JOURNEY THAT WILL TAKE YOU TO ONE  
OF THE MOST SECLUDED PLACES IN THE WORLD.

JAN. 23 | JAN. 27 | FEB. 3  
WELCOME TO MUIRHOTEL.COM



## A ONCE-IN-A-LIFETIME EXPEDITION

This unforgettable 5-day journey includes exclusive access to people and places throughout Nova Scotia, an expedition to one of the most secluded places in the world, and luxury accommodations at Muir. Discover snow-covered wineries, historic forts, and Sable Island National Park Reserve, an isolated island of sand-dunes, the world's largest breeding colony of grey seals and, over 500 wild horses.



Visits to Sable Island National Park Reserve are extremely limited and permitted only with approval of Parks Canada. Kattuk Expeditions will be guiding the Sable Island NPR portion of this expedition.





## YOUR JOURNEY INCLUDES:

- 5-nights accommodations in an executive suite at Muir with spacious living room, oversized spa-like bathroom and full-corner windows with immediate ocean views.
- Private transportation to and from the airport, wineries, and local attractions.
- Welcome cocktail hour, most breakfasts and lunches and two multi-course dinners.
- Helicopter to and from Sable Island NPR.
- 6-8 hour guided tour of Sable Island NPR.
- All tours, including private access and exclusive experiences.

## HIGHLIGHTS

### PRIVATE TOURS WITH SPECIAL ACCESS TO RARELY SEEN LOCATIONS.

Enjoy a private tour of Halifax Citadel National Historic Site led by a tartan-clad 78th Highlander. Your tour includes special access to the Compass Distillers barrel room, located inside the walls of the fort, and a private tasting experience.



*Credit: Parks Canada/J. Ingram*

### A WINTER WALK THROUGH THE VINES

Spend a day at picturesque wineries curled up by an outdoor fire, ice skating or snowshoeing among the vines.



## ITINERARY



### Day 1

Arrive in Halifax and travel to Muir hotel via private transportation.

Prepare for your expedition with a one-on-one educational talk with Fred Stillman in BKS, Muir's secret guest-only speakeasy.

Fred Stillman, the owner of Kattuk Expeditions, will offer unique insight into what you can expect on tomorrow's expedition, along with the important work that he is doing with the Sable Island Institute to preserve this wild and windswept island.

Fred is an expedition leader, hiking and sea kayaking guide and survival instructor. He has recently completed his 46th trip to Sable Island National Park Reserve.

*Meals included: Welcome cocktail and appetizers*





## ITINERARY



### Day 2

Private transfer will take you back to the airport to meet your expedition team for a one-hour-and-fifteen-minute helicopter ride to Sable Island National Park Reserve. Expect to land on Sable Island NPR at 10am for a 6-8 hour guided tour of the island. While on the island, guests will enjoy a chef-prepared packed lunch.

*Meals included: Breakfast & Lunch*



*Credit: F. Stillman*

"300 kilometers off the coast of Halifax, Nova Scotia, Canada and at the edge of the continental shelf lies a lonely bar of sand shaped by wind and ocean currents. It is a terminal moraine pushed by glaciers 10,000 years ago that is home to over 500 wild horses and the largest grey seal colony in the world, nearing 300,000. Far away from any modern amenities and services, in the exposed open Atlantic Ocean with the Gulf Stream and Labrador currents nearby, this is the wild of wild, so remote and extreme, yet positively beautiful and gentle. This expedition is for those who seek wild reality and remoteness, to be immersed in an environment that functions entirely on its own and to visit it with just a handful of others. It is a place unlike any other in the world."

*- Fred Stillman, Expedition Leader*



## ITINERARY



### Day 3

Ease into the day with a soothing in-suite massage developed specifically for the Extraordinary Expedition tour. Your treatment combines traditional massage with smells, sounds, and materiality of the ocean. Beginning with a local herbal tea using seafoam lavender or local wild blueberries, the massage imparts the natural wellness of the ocean, with use of local sea salt, dulse, and lavender essential oils. Option for couples or individual massage.

That afternoon, depart for Halifax Citadel National Historic Site for a private guided tour with a tartan-clad 78th Highlander. You will tour the fort with special access to the Compass Distillers barrel room where spirits are stored and aged in wooden barrels inside the walls of the fort. Your tour includes a guided tasting of three spirits, appropriately named, Noon Gun Gin, Daily Ration Rum and Granite & Grain Whisky plus a special Compass surprise.

Tonight you will dine at Drift, located on the first floor of Muir. Evoking a one-of-a-kind sense of place, Drift's menu connects people to place through local ingredients and seasonal flavours. Drift is led by one of Canada's most highly revered and respected chefs, Anthony Walsh.

*Meals included: Dinner*



*Credit: Parks Canada/J. Ingram*



## ITINERARY



### Day 4

Spend a day in the scenic Annapolis Valley, Atlantic Canada's richest agricultural region. Visit two wineries, the first one opening their doors just for you for a tasting and winter walk through the vines. At a second winery, you will have the opportunity to ice skate in the middle of the vineyard, snowshoe through the grounds or simply enjoy a glass of wine by the outdoor fires.

You'll be driven back to Halifax in time for dinner at Peacock Wine Bar, one of the newest restaurants in the Queen's Marque district. At Peacock's colourful abode, you will be invited to enjoy a creative chef-driven menu where seasonal vegetables and handmade pasta take center stage—all perfectly matched with interesting, hard-to-find wine pairings from around the globe."

*Meals included: Two Guided Tastings, Lunch & Dinner*

### Day 5

Private transportation to airport.



## IMPORTANT INFORMATION



All trips to Sable Island NPR are low-impact with small group sizes (7 people or less). To operate guided adventures in such a unique and sensitive place, great care is taken and an active role is in place to support the research projects that take place on the island, ensuring our tours leave a positive impact. Both Kattuk Expeditions and Muir hotel financially contribute to the Sable Island Institute.

All visitation to Sable Island NPR must be approved by Parks Canada. Muir has partnered with Kattuk Expeditions, a licensed Parks Canada tour company whose tours are both educational and adventurous, while also respectful of the wildlife and ecosystems that are unique and sensitive.

- For each tour, an effort will be made for our group to meet Zoe Lucas of the Sable Island Institute, who spends much of the year living on the island. Based on her availability, this will either be during your time on the Island or at your welcome event the day of arrival.
- We recommend dressing in layers, but it should be noted that Sable Island NPR is 15 degrees warmer than the mainland due to its proximity to the Gulf Stream.
- Due to weather, your itinerary may shift to ensure you are travelling to Sable Island NPR on the day with optimal weather conditions.
- All guests must wear a survival suit for the flight to and from the island. The cost is included in your tour.
- The safety of our guests is our number one concern - should weather conditions make it too dangerous to fly and you are unable to make it to Sable Island NPR, this portion of your tour (approx. \$3500 pp) will be reimbursed.

To book this tour, or for more information, please contact [reservations@muirhotel.com](mailto:reservations@muirhotel.com)