



**MUIR**  
HALIFAX

2026 / 2027

# EXPERIENCES

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THOUGHTFULLY CURATED EXPERIENCES  
AS DISTINCT AS MUIR ITSELF





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## OUR STORY

*[muirhotel.com](http://muirhotel.com)*

Muir offers elevated hospitality and service inspired by the spirit, culture and natural beauty of Nova Scotia. Located on the edge of the Halifax Waterfront in the centre of downtown, Muir offers unprecedented views and direct ocean access. Muir is a gracious host and one-of-a-kind destination.

Discover thoughtfully curated Experiences as distinct as Muir itself. From cocktails with lineage at our secret speakeasy to behind-the-scenes access to the people and places that make up our region, Muir's Expeditions and Experiences are an invitation to an authentic local connection.



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# SABLE ISLAND EXPEDITION

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Depart on a once-in-a-lifetime Expedition to Sable Island National Park Reserve. This unforgettable journey includes exclusive access to people and places throughout Nova Scotia and an Expedition to one of the most secluded places in the world. Visit Sable Island National Park Reserve, an isolated island of sand dunes, the world's largest breeding colony of grey seals, and home to over 500 wild horses.

Private transfer will take you to the airport to meet your Expedition team for a 75-minute helicopter ride to Sable Island National Park Reserve. Guests may expect to spend six to eight hours on the island.

Visits to Sable Island National Park Reserve are extremely limited and permitted only with the approval of Parks Canada. Kattuk Expeditions will be guiding this Expedition.

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*Helicopter Day Trips: July 23, 30 | August 4, 11, 13, 20, 25 | September 8, 10, 22 | October 6, 8, 15, 22*  
*Plane Day & Sunset Trips: August 29 | September 12 | October 10*

*For availability and pricing, please contact:  
information@muirhotel.com | 902.407.6847 / 1.833.888.1011*



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## SABLE ISLAND PREMIUM EXPERIENCE

A new Premium Sable Island Experience is now available exclusively to Muir guests. Designed for those seeking deeper access and connection, this Expedition offers a smaller, or private, group size, a champagne lunch enjoyed on the island, and access to areas not typically available to visitors.

Guests will also enjoy one-on-one time with our on-site researchers, with the rare opportunity to observe, participate in, and assist with active research, creating an even more meaningful and immersive exploration of this extraordinary National Park Reserve.

*Please inquire for information and availability.*



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# SABLE ISLAND EXPEDITION

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*“300 kilometres off the coast of Halifax, Nova Scotia, Canada and at the edge of the continental shelf lies a lonely bar of sand shaped by wind and ocean currents. It is a terminal moraine pushed by glaciers 10,000 years ago that is home to over 500 wild horses and the largest grey seal colony in the world, nearing 300,000. Far away from any modern amenities and services, in the exposed open Atlantic Ocean with the Gulf Stream and Labrador currents nearby, this is the wild of the wild, so remote and extreme, yet positively beautiful and gentle. This Expedition is for those who seek wild reality and remoteness, to be immersed in an environment that functions entirely on its own and to visit it with just a handful of others. It is a place unlike any other in the world.”*

*-Fred Stillman, Expedition Leader*

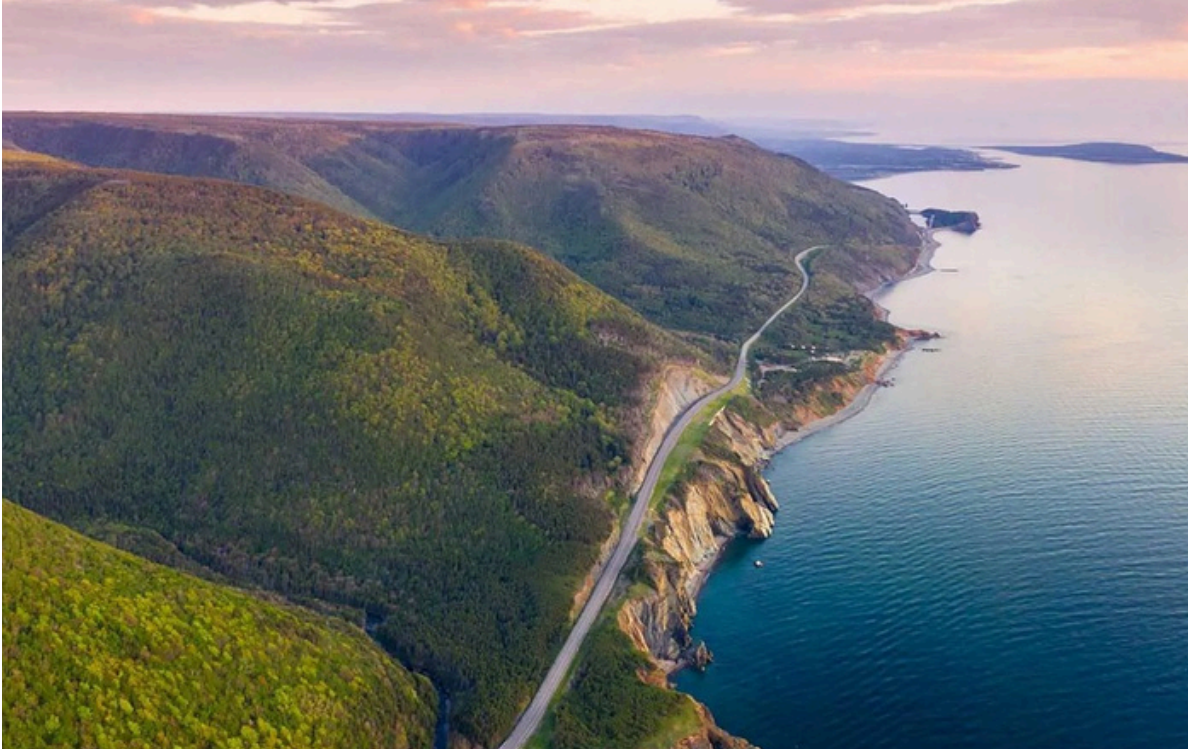
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# CAPE BRETON HIGHLANDS BY AIR & SEA EXPEDITION

A soaring journey over one of Nova Scotia's most awe-inspiring regions, this full-day Expedition reveals the raw beauty and ecological richness of the Cape Breton Highlands, from both sky and sea.

This rare perspective where wild landscapes meet untamed ocean, offering a deeply personal encounter with the elements. More than a sightseeing tour, it is an immersion in place: a condensed, yet unforgettable exploration of Cape Breton's coastal grandeur, made possible in a single day.





Departing from Halifax, the aerial portion offers a dramatic introduction to Cape Breton's most iconic landscapes: Cape George, the Mabou Highlands, and the world-famous Cabot Trail.

Upon landing, guests transition to the water aboard a private zodiac to explore remote fjords, sea caves, and protected coves. The tour is guided by an expert naturalist and offers opportunities to encounter humpback whales, grey seals, and a wide array of seabirds up close.

Enjoy a beautifully curated lunch featuring seasonal local ingredients, served in a scenic coastal location — a thoughtful pause in the day's adventure.

Throughout the Expedition, our guides share insights into Cape Breton's unique geology, wildlife, and cultural history.

Muir provides private vehicle transfers between Muir and the helicopter terminal.

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*Cape Breton Highlands By Land & Sea Expeditions are available from June to October.  
For availability and pricing, please contact: [information@muirhotel.com](mailto:information@muirhotel.com) | 902.407.6847 / 1.833.888.1011*



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# FROM FIELD TO PLATE EXPERIENCE

This culinary Experience pairs sustainable foraging with transformative dining. In the morning, guests join Forager Fred on a 90-minute private tour, accessing exclusive areas to master seasonal, local foraging techniques. Later, an eight-course dinner at Mystic transforms the morning's foraged bounty into culinary alchemy — melding innovative techniques with global inspirations to craft dishes that are both dramatically inventive and elegantly reimaged.

From Field to Plate Experience bridges nature and culinary artistry, offering guests an immersive journey that begins with sustainable foraging and culminates in a reinterpreted, multi-course dinner. This Experience underscores Muir's commitment to sustainability and innovative gastronomy.

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*Available from May to October. For bookings, please contact: [information@muirhotel.com](mailto:information@muirhotel.com)  
500 per person | 12-person maximum | 2-person minimum*



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# RECKONING WITH THE SEA

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Reckoning with the Sea is a visceral, immersive dining Experience held monthly at Mystic from June through October. The evening begins as a working fishing vessel pulls up to the wharf, landing the day's catch, be it a 300-pound tuna or swordfish, hoisted directly from boat to shore.

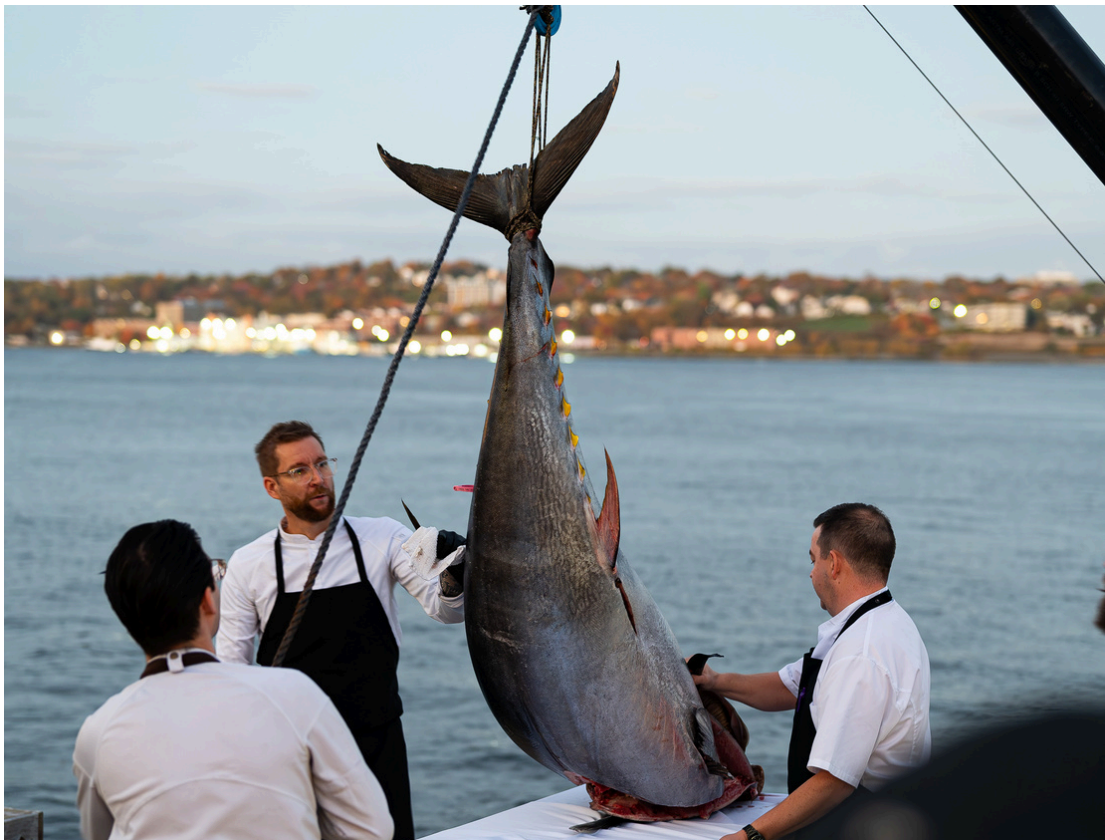
Guests gather just steps away as chefs break down the fish in real time, transforming it into an evolving five-course dinner that reflects the raw immediacy of the Atlantic.

The Experience is an unfiltered expression of Nova Scotia's maritime terroir, inviting diners to get up close, elemental, and deeply personal. With extremely limited seating and a reputation for selling out within hours, Muir holds a small allocation of tickets exclusively for hotel guests.

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*June 25 | July 7, 16 | August 18 | September 8, 22 | October 20*

*Reservations may be made at [mysticnovascotia.ca](http://mysticnovascotia.ca), or through the hotel at [information@muirhotel.com](mailto:information@muirhotel.com)*





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## TIDES & TERROIR

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Held weekly on Fridays from 3 to 4 p.m. in The Watch or BKS, Tides & Terroir is a relaxed, sommelier-led exploration of Nova Scotia's distinctive wine culture.

This intimate tasting focuses on the Tidal Bay appellation, showcasing crisp, mineral-driven whites and vibrant sparkling wines shaped by the rhythms of the Atlantic. Paired with thoughtful local bites, including freshly shucked oysters, the Experience highlights the connection between land, sea, and glass, all set against uninterrupted harbour views.

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*Available year-round. For bookings, please contact: [information@muirhotel.com](mailto:information@muirhotel.com)  
65 per person | 12-person maximum | 2-person minimum*



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## MARITIME MIXOLOGY

Each week, guests are invited to take part in a curated epicurean ritual held in Muir's secret speakeasy, BKS.

Held on Saturday afternoons from 3:30 p.m. to 5:00 p.m., this Experience blends history and innovation in equal measure, offering a rare opportunity to step behind the bar and into the story of our region, one sip at a time.

Led by our Beverage Director, this hands-on session explores the rich cocktail heritage of Atlantic Canada, from the hidden stills of local rumrunners to the refined spirits of today. Guests will craft their own cocktails, experiment with technique, and enjoy a small canapé as the bar opens for the evening ahead.

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*Available year-round. Private bookings available upon request.*

*For bookings, please contact: [information@muirhotel.com](mailto:information@muirhotel.com)*

*65 per person | 7-person maximum | 2-person minimum*



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## SEA & STILLNESS — YOGA & MEDITATION

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A 45-minute class held each Friday morning at 8:30 a.m. in our darkened yoga room. The session blends half-yin, half-flow yoga styles enhanced with ocean sounds and subtle marine scents, culminating in a guided water-inspired meditation.

Sea & Stillness — Yoga & Meditation sets the tone for the day with a transformative 45-minute session that fuses gentle movement and mindful stillness.

The ambience, enriched by oceanic soundscapes and aromatic hints of sea air, guides guests through a water-inspired meditation, aligning body and mind with the rhythm of the coast.

This may be booked outside of regularly scheduled hours for any in-house groups looking to add a wellness element to their holiday, meeting, or event.



*Available year-round. For bookings, please contact: [information@muirhotel.com](mailto:information@muirhotel.com)  
Complimentary | Private bookings available for a fee*

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# DESTINATION DISCOVERY TRUE COLOURS ART GALLERY

Join us in True Colours, Muir's on-site gallery, for Destination Discovery, a weekly opportunity to take in our latest exhibition and begin your stay with a deeper sense of place.

Enjoy a complimentary glass of local wine and a light bite as our in-house curator shares the stories behind the current exhibit and offers insight into how Muir's curated art collection reflects the cultural landscape of our region.

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*Available year-round. Every Thursday at 4 p.m.  
Complimentary | Please pre-register at the Front Desk*



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## CITADEL EXPERIENCES

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Step back in time at Halifax Citadel National Historic Site with immersive, hands-on experiences for all ages, bringing Halifax's military heritage vividly to life.

Embark on a family adventure where children receive enlistment papers and a welcome amenity, becoming honorary Artillery members for the day. Join a Royal Artillery gunner to learn signal flags and cannon loading, try on authentic uniforms, and take part in a firing demonstration. Finish with a snack in the historic mess hall.

Explore the fortifications with a 78th Highlander and dive deeper into Halifax's past. Take part in firearms training with an authentic Snider-Enfield rifle, then visit the barrel room to sample Citadel-aged spirits from Compass Distillers and enjoy a premium tasting.



*These Experiences are in partnership with Halifax Citadel National Historic Site and Parks Canada.  
For inquiries, please contact: [information@muirhotel.com](mailto:information@muirhotel.com) | 902.407.6847 / 1.833.888.1011*

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# HAPPENINGS

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## WINDWARD WELLNESS

Join us monthly at Windward Wellness for an exclusive Sound Bath Experience at Muir hotel. Surrender to serenity as you immerse yourself in a symphony of healing vibrations from singing bowls, gongs, and more. Let the gentle waves of sound guide you to a state of deep relaxation and inner peace.

Available the second Sunday of each month, this intimate class offers the perfect opportunity to unwind and realign mind, body, and spirit.

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## THE BOOM AT NOON

Each day at Muir, we invite you to join us for a moment of connection and celebration, timed with the sound of the Noon Gun, a Halifax tradition that has echoed across the harbour for over two centuries.

Gather in the Lobby Salon just before noon to enjoy a complimentary tasting of our zero-proof Boom at Noon, a specially crafted, alcohol-free version of our signature cocktail.

As the cannon sounds, we raise a glass together:  
*To discovery. To the sea. To the moment.*

No RSVP required. Simply join us in the Lobby Salon just before 12:00 p.m. to take part in this daily ritual.

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# HAPPENINGS

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## LITTLE WING & REACH

Depart aboard our vessel to discover Georges Island National Historic Site, an island featuring a preserved fort and a scenic lighthouse. As you step onto the island, explore the underground tunnels and fortifications that speak volumes of Halifax's military past. Hike to the lighthouse and be rewarded with exceptional views of the Halifax coastline, offering a perfect backdrop for breathtaking photographs and serene moments. This tour not only delves into the rich history but also connects you with the tranquil beauty of one of Halifax's most iconic landmarks, all during a three-hour immersive Experience.

Board *Little Wing* or *Reach* and glide along the calm waters of the Halifax harbour, a world-renowned seaport that has served as a gateway to global trade, naval prestige, and Atlantic Canadian heritage. This elite tour offers a glimpse into the exclusive waterfront lifestyle and rarely seen perspectives of the city's most storied shoreline. Enjoy light refreshments and sparkling beverages as you soak in the scenic views and learn about the historic significance and architectural marvels of this area.

Elevate your maritime adventure with our exclusive picnic add-on, available on any boat trip, whether you are exploring the historic Georges Island, or circling the picturesque Halifax harbour admiring the Nova Scotian coastline. Opt to disembark on a secluded island or simply relax aboard, soaking in the sun on the deck of our sailboat. Indulge in a carefully curated picnic featuring locally sourced fruit and freshly baked goods, prepared that morning to ensure the finest quality and taste.

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# HAPPENINGS

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## PICNICS & DINING AT TIDAL BEACON

Elevate your maritime adventure with an exclusive picnic experience, available on any boat excursion, whether exploring historic Georges Island or sailing through Halifax Harbour along the Nova Scotian coastline. Choose to disembark on a secluded island or relax onboard, basking in the sun as the scenery unfolds around you.

Indulge in a thoughtfully curated picnic menu showcasing the best of local flavours, prepared fresh each morning. Enjoy buttery croissants and pain au chocolat, or opt for more substantial fare like a smoked turkey club on fresh-baked baguette, a Nova Scotia lobster croissant with citrus aioli, or a vibrant grilled vegetable wrap. Shareable offerings include artisanal cheeses, Halifax-cured meats, seasonal fruit, and house-made spreads, alongside sweet touches like handcrafted macarons. Complement your meal with Nova Scotia wines from Lightfoot & Wolfville or Benjamin Bridge, local craft beer, cider, or any of Muir's refreshing non-alcoholic selections.

For an even more elevated experience, arrive by boat and berth at the base of the iconic Tidal Beacon, where food and beverage service is delivered directly to you aboard Little Wing. Here, the harbour becomes your private dining room — seamlessly blending refined hospitality, striking coastal views, and the gentle rhythm of the water for an unforgettable culinary voyage.

*For information on boat availability and pricing, please contact: [information@muirhotel.com](mailto:information@muirhotel.com)*

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*Make the most of Muir's unprecedented location and direct water access with complimentary access to kayaks and bicycles. Rentals available through the Front Desk.*

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THE  
LUXURY  
COLLECTION®