



2025 / 2026

EXPERIENCES

THOUGHTFULLY CURATED EXPERIENCES
AS DISTINCT AS MUIR ITSELF







CONTENTS

SABLE ISLAND EXPEDITION	5	ANNAPOLIS ACCENTS	16
CAPE BRETON HIGHLANDS BY AIR & SEA EXPEDITION	8	MARITIME MIXOLOGY MASTERCLASS	17
FROM FIELD TO PLATE EXPERIENCE	11	SEA & STILLNESS YOGA & MEDITATION	18
TIDAL TERROIR EXPERIENCE	12	DESTINATION DISCOVERY: TRUE COLOURS ART GALLERY	19
CITADEL EXPERIENCES	14	HAPPENINGS	20





OUR STORY

muirhotel.com

Muir offers elevated hospitality and service inspired by the spirit, culture and natural beauty of Nova Scotia. Located on the edge of the Halifax Waterfront in the centre of downtown, Muir offers unprecedented views and direct ocean access. Muir is a gracious host and one-of-a-kind destination.

Discover thoughtfully curated Experiences as distinct as Muir itself. From cocktails with lineage at our secret speakeasy to behind-the-scenes access to the people and places that make up our region — Muir's Expeditions and Experiences are an invitation to an authentic local connection.



SABLE ISLAND EXPEDITION

Depart on a once-in-a-lifetime Expedition to Sable Island National Park Reserve. This unforgettable journey includes exclusive access to people and places throughout Nova Scotia and an Expedition to one of the most secluded places in the world. Visit Sable Island National Park Reserve, an isolated island of sand dunes, the world's largest breeding colony of grey seals, and home to over 500 wild horses.

Private transfer will take you to the airport to meet your Expedition team for a 75-minute helicopter ride to Sable Island National Park Reserve. Guests may expect to spend six to eight hours on the island.

Visits to Sable Island National Park Reserve are extremely limited and permitted only with the approval of Parks Canada. Kattuk Expeditions will be guiding this Expedition.

Limited dates are available for this Expedition. For information on availability and pricing, please contact: information@muirhotel.com | 902.407.6847 / 1.833.888.1011



SABLE ISLAND EXPEDITION

Available dates for Summer and Fall 2025 include:
July 24, 29 | Aug. 7, 19, 21, 26, 30 | Sept. 4, 13, 18, 23 | Oct. 4, 7, 9, 14, 25

*Sable Island Expeditions are available year-round.
Please inquire about Spring and Winter 2025 dates.*



SABLE ISLAND EXPEDITION



“300 kilometres off the coast of Halifax, Nova Scotia, Canada and at the edge of the continental shelf lies a lonely bar of sand shaped by wind and ocean currents. It is a terminal moraine pushed by glaciers 10,000 years ago that is home to over 500 wild horses and the largest grey colony in the world, nearing 300,000. Far away from any modern amenities and services, in the exposed open Atlantic Ocean with the Gulf Stream and Labrador currents nearby, this is the wild of the wild, so remote and extreme, yet positively beautiful and gentle. This Expedition is for those who seek wild reality and remoteness, to be immersed in an environment that functions entirely on its own and to visit it with just a handful of others. It is a place unlike any other in the world.”

-Fred Stillman, Expedition Leader

CAPE BRETON HIGHLANDS BY AIR & SEA EXPEDITION

A soaring journey over one of Nova Scotia's most awe-inspiring regions, this full-day Expedition reveals the raw beauty and ecological richness of the Cape Breton Highlands, from both sky and sea.

This rare perspective — where wild landscapes meet untamed ocean — offers a deeply personal encounter with the elements. More than a sightseeing tour, it is an immersion in place: a condensed, yet unforgettable exploration of Cape Breton's coastal grandeur, made possible in a single day.

EXPEDITIONS





Departing from Halifax, the aerial portion offers a dramatic introduction to Cape Breton's most iconic landscapes — Cape George, the Mabou Highlands, and the world-famous Cabot Trail.

Upon landing, guests transition to the water aboard a private zodiac to explore remote fjords, sea caves, and protected coves. The tour is guided by an expert naturalist and offers opportunities to encounter humpback whales, grey seals, and a wide array of seabirds up close.

Enjoy a beautifully curated lunch featuring seasonal local ingredients, served in a scenic coastal location — a thoughtful pause in the day's adventure.

Throughout the Expedition, our guides share insights into Cape Breton's unique geology, wildlife, and cultural history.

Muir provides private vehicle transfers between Muir and the helicopter terminal.

Cape Breton Highlands By Land & Sea Expeditions are available from June to October. For information on availability and pricing, please contact: information@muirhotel.com | 902.407.6847 / 1.833.888.1011



FROM FIELD TO PLATE EXPERIENCE

This culinary Experience pairs sustainable foraging with transformative dining. In the morning, guests join Forager Fred on a 90-minute private tour, accessing exclusive areas to master seasonal, local foraging techniques. Later, an eight-course dinner at Mystic transforms the morning's foraged bounty into culinary alchemy — melding innovative techniques with global inspirations to craft dishes that are both dramatically inventive and elegantly reimaged.

From Field to Plate Experience bridges nature and culinary artistry, offering guests an immersive journey that begins with sustainable foraging and culminates in a reinterpreted, multi-course dinner. This Experience underscores Muir's commitment to sustainability and innovative gastronomy.

*Available from May to October. For bookings, please contact: information@muirhotel.com
500 per person | 12-person maximum | 2-person minimum*



TIDAL TERROIR EXPERIENCE

This private terroir journey escorts guests to Wolfville to explore Nova Scotia's Tidal Bay appellation with visits to two wineries, including one of the country's few biodynamic estates. The tour spotlights the region's unique terroir — where the world's highest tides naturally aerate the soil to cultivate crisp white wines. A highlight is an intimate wine tasting, complete with fresh oysters, led by a local winemaker. The Experience concludes with an exploration of unique small-batch experimental wines, and a local lunch set against scenic vistas.

The Tidal Terroir Experience immerses guests in the distinctive viticultural landscape of Nova Scotia. By showcasing biodynamic practices and innovative tasting formats, it exemplifies Muir's dedication to authenticity, regional storytelling, and the celebration of our natural environment.

*Available from May to October. For bookings, please contact: information@muirhotel.com
500 per person | 12-person maximum | 2-person minimum*





CITADEL SPIRITS EXPERIENCE

Begin your day with a visit to Halifax Citadel National Historic Site, where you will explore the storied fortifications and immerse yourself in the rich heritage of Halifax with a 78th Highlander guide.

Take part in historic firearms training for an opportunity to fire an authentic Snider-Enfield rifle. Visit the barrel room and learn about the Citadel-aged spirits from Compass Distillers. Pull samples from the barrels and enjoy a premium tasting.



CITADEL FAMILY EXPERIENCE

Embark on a captivating journey back in time with your family at Halifax Citadel National Historic Site. Upon check-in, children will be given enlistment papers and special welcome amenity, transforming them into honorary members of the Artillery for the day.

Dive into history with a guided tour led by a Royal Artillery gunner, where you will learn to raise signal flags and load cannons just like the soldiers of yore. Kids step into history by trying on authentic soldiers' uniforms and participate in a unique firing demonstration tailored just for your family.

Cap off your adventure with a snack in the historical mess hall where soldiers once dined, offering a taste of the past.



*These Experiences are in partnership with Halifax Citadel National Historic Site and Parks Canada.
For inquiries, please contact: information@muirhotel.com | 902.407.6847 / 1.833.888.1011*

ANNAPOLIS ACCENTS

This Experience invites guests to explore the flavours and stories of Nova Scotia's Annapolis Valley through thoughtful wine and food pairings.

Led by our sommelier, the tasting features a selection of regional cheeses, cured meats, and seasonal fruits paired with crisp, sparkling Tidal Bay wines. Each pairing highlights the region's unique terroir — where ocean tides, mineral-rich soil, and artisanal care converge.

To take home a taste of the valley, each guest receives a handmade preserve from a small-batch producer known for its deeply flavourful, garden-infused creations.

This Experience offers more than a tasting — it is a sensory journey through one of Atlantic Canada's most abundant growing regions, curated with care and rooted in place.

Available year-round. For bookings, please contact: information@muirhotel.com

85 per person | 24-person maximum | 2-person minimum



MARITIME MIXOLOGY MASTERCLASS

Each week, guests are invited to take part in a curated epicurean ritual held in Muir's secret speakeasy, BKS.

Held on Saturday afternoons from 3:30 p.m. to 5:00 p.m., this Experience blends history and innovation in equal measure, offering a rare opportunity to step behind the bar and into the story of our region — one sip at a time.

Led by our beverage director, this hands-on session explores the rich cocktail heritage of Atlantic Canada — from the hidden stills of local rumrunners to the refined spirits of today. Guests will craft their own cocktails, experiment with technique, and enjoy a small canapé as the bar opens for the evening ahead.

Available year-round. Private bookings available upon request.

For bookings, please contact: information@muirhotel.com

45 per person | 7-person maximum | 2-person minimum



SEA & STILLNESS — YOGA & MEDITATION

A 45-minute class held each Friday morning at 8:30 a.m. in our darkened yoga room. The session blends half-yin, half-flow yoga styles enhanced with ocean sounds and subtle marine scents, culminating in a guided water-inspired meditation.

Sea & Stillness — Yoga & Meditation sets the tone for the day with a transformative 45-minute session that fuses gentle movement and mindful stillness.

The ambience — enriched by oceanic soundscapes and aromatic hints of sea air — guides guests through a water-inspired meditation, aligning body and mind with the rhythm of the coast.

This may be booked outside of regularly scheduled hours for any in-house groups looking to add a wellness element to their holiday, meeting, or event.



*Available year-round. For bookings, please contact: information@muirhotel.com
Complimentary | Private bookings available for a fee*

DESTINATION DISCOVERY TRUE COLOURS ART GALLERY

Join us in True Colours, Muir's on-site gallery, for Destination Discovery — a weekly invitation to take in our latest exhibition and begin your stay with a deeper sense of place.

Enjoy a complimentary glass of local wine and a light bite as our in-house curator shares the stories behind the current exhibit and offers insight into how Muir's curated art collection reflects the cultural landscape of our region.

*Every Thursday at 4 p.m. Please pre-register at the Front Desk.
Available year-round | Complimentary*



HAPPENINGS

WINDWARD WELLNESS

Join us monthly at Windward Wellness for an exclusive Sound Bath Experience at Muir hotel. Surrender to serenity as you immerse yourself in a symphony of healing vibrations from singing bowls, gongs, and more. Let the gentle waves of sound guide you to a state of deep relaxation and inner peace.

Available the second Sunday of each month, this intimate class offers the perfect opportunity to unwind and realign mind, body, and spirit.

THE BOOM AT NOON

Each day at Muir, we invite you to join us for a moment of connection and celebration — timed with the sound of the Noon Gun, a Halifax tradition that has echoed across the harbour for over two centuries.

Gather in the Lobby Salon just before noon to enjoy a complimentary tasting of our zero-proof Boom at Noon — a specially crafted, alcohol-free version of our signature cocktail.

As the cannon sounds, we raise a glass together:
To discovery. To the sea. To the moment.

No RSVP required. Simply join us in the Lobby Salon just before 12:00 p.m. to take part in this daily ritual.

HAPPENINGS

LITTLE WING & REACH

Depart aboard our vessel to discover Georges Island National Historic Site, an island featuring a preserved fort and a scenic lighthouse. As you step onto the island, explore the underground tunnels and fortifications that speak volumes of Halifax's military past. Hike to the lighthouse and be rewarded with exceptional views of the Halifax coastline, offering a perfect backdrop for breathtaking photographs and serene moments. This tour not only delves into the rich history but also connects you with the tranquil beauty of one of Halifax's most iconic landmarks, all during a three-hour immersive Experience.

Board *Little Wing* or *Reach* and glide along the calm waters of the Halifax harbour, a world-renowned seaport that has served as a gateway to global trade, naval prestige, and Atlantic Canadian heritage. This elite tour offers a glimpse into the exclusive waterfront lifestyle and rarely seen perspectives of the city's most storied shoreline. Enjoy light refreshments and sparkling beverages as you soak in the scenic views and learn about the historic significance and architectural marvels of this area.

Elevate your maritime adventure with our exclusive picnic add-on, available on any boat trip — whether you are exploring the historic Georges Island, or circling the picturesque Halifax harbour admiring the Nova Scotian coastline. Opt to disembark on a secluded island or simply relax aboard, soaking in the sun on the deck of our sailboat. Indulge in a carefully curated picnic featuring locally sourced fruit and freshly baked goods, prepared that morning to ensure the finest quality and taste.

For information on boat availability and pricing, please contact: information@muirhotel.com

Make the most of Muir's unprecedented location and direct water access with complimentary access to kayaks and bicycles. Rentals available through the Front Desk.

THE
LUXURY
COLLECTION®